## Synchronous Sessions

*Once registered, you may access each session by clicking on the link provided or directly through your Sibme account.

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Description</th>
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| 9:00 am - 9:45 am | Welcome and Logistics: Dr. Pat Conetta  
**Keynote Speaker:** Kenny McKee, NBCT [Kennycmckee.com]  
Register to receive the zoom link or access through your Sibme account. |
| 9:45 am - 9:55 am | Break and Transition to Session |
| 9:55 am - 10:55 am | **Session 01:** Raising the Roof” with Pop Music (6-12)  
**Presenters:**  
- Mark Meacham, UNCG IC  
- Nate Bourne, UNCG IC  
**Description:**  
In this session, participants will explore Popular Music Resources as tools for leveraging student cultural assets and prior knowledge.  
*Note that while the primary audience for this session is secondary teachers, upper elementary teachers may also find the session useful.*  
Register to receive the zoom link. |
|               | **Session 02:** Ten Tips for Providing Feedback (PK-12)  
**Presenters:**  
- Jami Graham, UNCP IC  
- Karen Walker, APP IC  
**Description:**  
In this session, participants will gain ten tips that increase the effectiveness of providing feedback to improve student learning. Join us to learn how to give feedback in a manner that can be the key to the connection between teaching and learning!  
Register to receive the zoom link. |
### Session 03: Trouble Connecting? Challenging Behaviors? Build Relationships and be Proactive! (PK-12)

**Presenters:**
- Heather House, ECU IC
- Lisa Becker, ECU IC

**Description:**
In this session, we begin with a focus on the importance of building relationships with your students to form a positive classroom culture through consistent communication to ultimately improve classroom management. By the end of the session, we will show how understanding the functions of student behaviors can assist the teacher in being proactive to situations that can arise in the classroom leading to improved classroom management.

*Register to receive the zoom link.*

### Session 04: Creating Student Led Classrooms (PK-12)

**Presenters:**
- Lori Best, UNCW IC
- Carrie Brewington, UNCP I
- Jami Graham, UNCP IC

**Description:**
Would you like to increase student investment and analysis of their academic work? This session explores student self-monitoring. Participants will gain a deeper understanding of student self-monitoring and will be introduced to strategies that can be immediately implemented. This session is appropriate for all grade levels and content.

*Register to receive the zoom link.*

### Session 05: Cultivating Teacher Resiliency Through Self-Care (PK-12)

**Presenters:**
- Maghan Kirschner, Charlotte IC
- Patricia McRhoads, Charlotte IC
- Jenna Busam, UNC Chapel Hill IC

**Description:**
Various studies show new teachers leaving the profession at alarming rates, ranging from 17 percent to 44 percent. As Elena Aguilar states, resilience is a “way of being” that allows us to bounce back quickly from adversity, stronger than before, so that we can fulfill our purpose in life. A substantial amount of our ability to be resilient is fostered in our daily habits. In this session, participants will focus on strategies from Aguilar’s work that will help teachers build resilience and thrive in their profession.

*Register to receive the zoom link.*

### 10:55 am--11:05 am
**Break and Transition to Next Session**

**11:05 am-12:00 pm**

**Synchronous Sessions: Content Specific Sessions**

*Once registered, you may access each session by clicking on the link provided or directly through your Sibme account.*

*Do you need a Sibme login? Contact Dr. Pat Conetta [conettap18@ecu.edu]*
| Exceptional Children (PK-12) | Session 06: Roundtable Discussion and Q&A  
**Presenters:**  
- Sarah Petty, UNC Chapel Hill IC  
- Tiffani Ramos, UNCG IC  
- Manda Stegall, Charlotte IC  
**Description:** Participants will spend time engaging in a moderated and guided forum, allowing them to ask targeted, content area questions. This session will allow for educators to collaborate with both content area coaches and teachers. There will be an opportunity to share questions ahead of time in a brief survey.  
*Register to receive the zoom link.* |
| --- | --- |
| Fine Arts: Grades PK-12  
(Music, Dance, Band, Art, Home Ec, Theater, Foreign Language) | Session 07: Maximizing Student Engagement  
**Presenter:**  
- Vanessa Smart, UNC IC  
- Jason Miller, WCU IC  
**Description:** Participants will spend time exploring ways to maximize student engagement in the fine arts classrooms. Participants will first discuss the current levels of student engagement, and then, as a group we will brainstorm ways to improve student engagement.  
*Register to receive the zoom link.* |
| Elementary: (PK-2) | Session 08: Elementary (PK-2)  
**Presenters:**  
- Kathy Fields, UNC Chapel Hill IC  
- Crystal Johnson, UNCG IC  
- Devin Warmack, UNC Chapel Hill IC  
- Megan Romer, Charlotte IC  
**Description:** Participants will spend time engaging in a moderated and guided forum, allowing them to ask targeted, content area questions. This session will allow for educators to collaborate with both content area coaches and teachers. There will be an opportunity to share questions ahead of time in a brief survey.  
*Register to receive the zoom link.* |
| Elementary (3-5) | Session 09: Tips for Thriving in the Classroom  
**Presenters:**  
- Etosha Kiah, ECU IC  
- Lisa Becker, ECU IC  
- Maggie Simpson, APP IC  
**Description:** Participants will spend time connecting with colleagues from across the state. They will learn and share tips for thriving in the classroom this year. Tips will include instructional strategies as well as tips for self-care. Participants will leave EMPOWERed and encouraged for the remainder of the school year.  
*Register to receive the zoom link.* |
| ELA (6-12) | Session 10: Lesson Planning for Engagement & Collaboration  
**Presenters:**  
-  
**Description:** Participants will have an opportunity to discuss aspects of lesson planning -- e.g., What's working for you in lesson planning? What's not? What's essential in your lesson planning
| **Math (6-12)** | **Session 11: Moving Beyond “What is the first step?”**  
**Presenters:**  
- Wayne Williams, NCSU IC  
- Todd Stephens, WCU IC  
- Paige Laurain, Charlotte IC  
**Description:** Teachers will spend time discussing how to ask conceptual and application questions that go beyond the procedural question "what's the first step?". Teachers will then script their own questions for an upcoming lesson and will be provided with pre-made application lesson resources.  
*Register to receive the zoom link.* |
| **History & Social Studies (6-12)** | **Session 12: What's going on in your classroom?**  
**Presenters:**  
- Evan Hill, UNCG IC  
- Maghan Kirschner, Charlotte IC  
**Description:** Teachers will explore and reflect on what is currently going on in their classroom and identify areas that may be of concern. Some topics that may be discussed include-Implementing Project Based Learning, Creating Effective Rubrics for Assessments, and Approaching Controversial Topics in History.  
*Register to receive the zoom link.* |
| **Science (6-12)** | **Session 13: Bringing It Together**  
**Presenters:**  
- Lori Best, UNCW IC  
- Lindsay Lewis, NCSU IC  
- Carrie Brewington, UNCP IC  
**Description:** Participants will look at vertical alignment across the secondary science curriculum to dial in key concepts, ideas, and pacing. Additionally, we will discuss engagement and relationship strategies and how they can assist hands-on, discussion, and lab activities in science classrooms.  
*Register to receive the zoom link.* |
| **CTE: K-12**  
(ROTC, PE, Health, Computer, Career Classes) | **Session 14 Connecting the Pieces**  
**Presenters:**  
- Bradley Sasser, ECU IC  
- Mark Meacham, UNCG IC  
**Description:** Participants will work with colleagues and coaches to analyze and reflect on how their lesson planning, their classroom instruction, and their assessments connect to student achievement. During this time, we will also look at how these components align with the NC Professional Teaching Standards.  
*Register to receive the zoom link.* |
## Asynchronous Sessions

You will be asked to sign-in to Sibme to access the pre-recorded sessions and engage in a discussion.

Do you need a Sibme login? Contact Dr. Pat Conetta [conettap18@ecu.edu]

Access NC NTSP Podcasts and Blogs by Visiting https://ncntsp.org/

<table>
<thead>
<tr>
<th>Pre Recorded Session</th>
<th>Description:</th>
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<tbody>
<tr>
<td><strong>Fostering Resilient Learners</strong></td>
<td>Participants will gain a deeper understanding of the impact of trauma and toxic stress on early brain development and behavior. They will have the opportunity to explore resilience strategies designed to meet the needs of learners that can serve as a buffer against trauma/toxic stress in their classrooms.</td>
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<tr>
<td><strong>Got Everything! Check(list)</strong></td>
<td>Tired of getting assignments missing critical information? Don't want to hear that someone &quot;didn't know they had to do that&quot; before submitting? Want to make sure you address all the ideas you need to in a task? Check this session off your list and be sure you have the tools you need to help your students succeed.</td>
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<tr>
<td><strong>Designing Engaging Lessons for All Learners</strong></td>
<td>Participants will have an opportunity to review their current engagement strategies within the classroom using an engagement framework. Then, together we will look at several strategies for increasing engagement for all learners that teachers can implement in their instruction next week.</td>
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**NC NTSP Podcasts**
https://anchor.fm/ncntsp

**NC NTSP Blogs**
https://ncntsp.org/category/blog/

**Pre Recorded Session:** Fostering Resilient Learners

**Presenters:**
- Tiffany Ramos, UNCG IC
- Megan Romer, Charlotte IC
- Erica Gregory, Former Charlotte IC

**Pre Recorded Session:** Got Everything! Check(list)

**Presenters:**
- Wayne Williams, NCSU IC
- Mark Meacham, UNCG IC
- Lindsay Lewis, NCSU IC

**Pre Recorded Session:** Designing Engaging Lessons for All Learners

- Kim Davis, WCU IC
- Jason Miller, WCU IC
- Todd Stephan, WCU IC
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<td><strong>Building and Sustaining Classroom Community</strong></td>
<td>This session will be adapted from last year’s session and will focus on activities, procedures, and ideas on how to establish an equitable classroom community and how to sustain it throughout the year.</td>
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<td><strong>Teaching Growth Mindset to Our Students &amp; Ourselves</strong></td>
<td>Recent advances in neuroscience have shown us that the brain is far more malleable than we ever knew. These advances have led to the growth mindset movement. In this session, you will evaluate the idea of and develop strategies for teaching growth mindset, as well as practice modeling feedback that uses a growth mindset in both a virtual and face to face setting.</td>
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<td><strong>Developing Your Awareness for Equity Minded Instruction</strong></td>
<td>The Civil Rights Database (2021) highlights that nationally, Black students are disproportionately represented in exclusionary practices in schools. Subjective offenses such as insubordination are often cited in referrals and result in suspension and expulsion of marginalized students. This presentation will highlight how educators can widen their understanding of implicit bias to develop strong relationships with students. It will also provide tangible outcomes for what teachers can do to sustain strong relationships with their students that interrupt implicit bias to promote equitable classroom environments.</td>
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<td><strong>Building Social Bonds and Inclusion in Digital Learning</strong></td>
<td>This session will discuss how educators can utilize UDL and other strategies to promote inclusion and social bonds in virtual, hybrid, and even face-to-face classroom settings.</td>
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<tr>
<td><strong>SHUT UP! You Talk too much… How too much teacher talk gets in the way of student brilliance”</strong></td>
<td>During this session, participants will look at their current practice and reflect on how what they are doing may be taking away from their students’ learning and sense of belonging in the classroom. Participants will have an opportunity to explore alternative</td>
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| Pre Recorded Session: Cultivating Emotional Resilience through Self-Care | Evan Hill, UNCG IC  
Etosha Kiah, ECU IC | practices and identify how these can be incorporated into current lesson plans and classroom instruction.  
[Link to access](#) |
| Pre Recorded Session: Hands Down                  | Patricia McRhoads, Charlotte IC  
Maghan Kirschner, Charlotte IC  
Kyla Crews, Charlotte IC | Teaching is deeply personal and emotional work. As such, it can also be very stressful! to manage toxic stress that can make it difficult to cope, teachers need strategies to manage our emotions and rebound from setbacks. In this session, we will focus on resilience-building strategies from Elena Aguilar’s work that will promote mindfulness, self-care, and emotional well-being.  
[Link to access](#) |
| Pre Recorded Session: Accommodations & Modifications: Which is which? | Karen Walker, WCU IC  
Lori Best, UNCW IC  
Jami Graham, UNCP IC | Let's look at traditional formative assessment and consider putting it to rest or revamping it so that we are more inclusive of all our students. When we ask, ”who can tell me,” Or "raise your hand," to assess learning we are only checking the pulse of one learner. What tools can we link with raising a hand? Who raises their hand in class and how do we treat those that do? In this session, we will address the bias in our expectations of learners and our questioning of the learners.  
[Link to access](#) |
| Pre Recorded Session: Accommodations & Modifications: Which is which? | Tiffany Ramos, UNCG IC  
Sarah Petty, UNC Chapel Hill IC  
Manda Stegall, Charlotte IC | In this session, participants will explore the differences between accommodations and modifications that are a part of an IEP or 504 plan. Participants will be able to determine the difference between the two and when an accommodation or a modification would be most appropriate for students.  
[Link to access](#) |
| **Pre Recorded Session:** Equity No Brainers | **Description:**
Join this session if you’d like to explore some teacher moves that assist you in creating more equitable learning experiences for students. Participants will walk away with strategies and most importantly, a refined equity lens for teaching and learning! |
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<tr>
<td>● Busola Stackhouse, Charlotte IC</td>
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<tr>
<td>● Courtnie Edwards, Charlotte IC</td>
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<tr>
<td>● Vanita Beavers, Former Charlotte IC</td>
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<td>● Sean Lindsay, Former Charlotte IC</td>
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